

HOMEMADE, 100% PLANT-BASED

Small Plates

TOULATI - *Trio*

55 dh

A trio of crispy briouates: Mushroom-based plant mince / Seasonal vegetables / Sea-inspired filling with seaweed, cauliflower and preserved lemon.

L'HBAB - *Friends*

55 dh

Maakouda: turmeric-spiced potato patties served with homemade tomato sauce and fresh herbs.

DHEB - *Gold*

70 dh

Roasted carrots glazed with date syrup, crushed almonds and homemade plant-based yoghurt with fresh herbs. *Gluten free*

SOUIQA - *The Mini Market*

75 dh

Ask about our seasonal salad, made with fresh and local ingredients.

105 dh as main course

Gluten free

Hearty Plates

BERQOK - *The Small Prune*

120 dh

Seitan tagine with braised seitan, slow-cooked prunes, toasted almonds and a hint of cinnamon. *Gluten-free option available with soy proteins (+20 dh).*

KWIRA - *Round Little Bite*

110 dh

Kefta-style tagine with mushroom, walnut and sun-dried tomato balls, simmered in a tomato sauce infused with Moroccan spices and garlic. *Gluten free*

CHOUWAYA - *The Embers*

110 dh

Grilled seitan served with pickles, fresh crudités and homemade yoghurt sauce with lemon and herbs. Served with fries. *Gluten-free option available with soy protein (+20 dh).*

L'BURGER

120 dh

Homemade plant-based patty and cheese, caramelised red onions and mayonnaise. Served with fries OR salad.

Choose bread : multigrain OR traditional Krichlat bread with grains and anise.

Extra steak (+25 dh) / Extra cheese (+10 dh) / Extra sauce (+5 dh)

NHAR JEMAA - *Friday Special*

100 dh

Moroccan couscous with seasonal vegetables, chickpeas and tfaya (sweet caramelised onions and raisins). *Gluten-free option available (+10 dh) / Extra Seitan (+20 dh).*

Sweet Treats

BAHJA - *Joy*

60 dh

Moist carrot cake topped with a rich amlou cream and a touch of *fleur de sel*. *Gluten free option (+10 dh).*

SAHABA - *The Cloud*

60 dh

Frozen cashew cream cheesecake with a date and almond base, topped with date caramel, miso and fleur de sel. Please order at the beginning of your meal for the perfect texture. *Gluten free*

WRIDA - *The Rose*

60 dh

Delicately sliced apples infused with rosemary, layered over a crisp olive oil pastry with apricots.